

SRHRplusD Festival Report – Easy Read Version

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1. Background

Women and girls with disabilities in Kenya face many challenges. They are often treated unfairly because of both gender and disability. Many also face barriers in getting health services and being included in the community.

2. Problem

Women and girls with disabilities often cannot access good sexual and reproductive health services. Reasons include:

- Negative attitudes from medical staff.
- Lack of training for health workers.
- Health centers that are not accessible.
- Little information in formats they can understand.

3. The Festival

The SRHRplusD Festival was a 5-day event that gave women and girls with disabilities a chance to express themselves. It used art, music, dance, yoga, fashion, and discussion to promote body autonomy and empowerment.

4. Safe Spaces and Activities

The Festival created safe spaces where participants could feel free and confident. Activities included:

- Sexuality conversations with Mary Night Nurse.
- Yoga sessions with Loreen Akumu, a Deaf teacher.
- Make-up and henna art by Iptisam Issack and Jackie Makyotto.
- Graffiti art by Crea8tive Spills.
- Drawing and painting with Thufu.
- A fashion runway for women with disabilities.

5. Partners

Many organizations supported the Festival, including:

- Special Olympics Kenya.
- Riziki Source.
- Polycom.

They provided learning sessions on sports, jobs, and small businesses.

6. Visibility

Over 600 women with disabilities joined the Festival. It was covered by media including UNFPA, Capital FM, and others, helping raise awareness about rights and inclusion.

7. Partnerships



Government leaders joined discussions to support women with disabilities and improve access to services. The Festival also helped start partnerships with legal and community service providers.

8. Lessons Learned

- Safe spaces help women share experiences freely.
- Art and fun are powerful tools for learning about rights.
- The Festival gave visibility to artists and entrepreneurs with disabilities.
- Working with media helps improve public attitudes.
- Government engagement needs clear advocacy plans.

9. Outcomes

- Strengthened women's movement and networks.
- More dialogue between government and civil groups.
- Safe, creative spaces to learn about rights and body autonomy.

In summary, the SRHRplusD Festival empowered women and girls with disabilities through creativity, learning, and community support.